





# Newsletter 21 - February 2022



2021 was a very busy year for the UKMidSS team preparing for the new Diabetes in Pregnancy Study, and finishing data analysis for the Previous PPH and PPH studies, but we ended with a bang with our UKMidSS Study Day, online for the very first time. If you missed it, you can find out more on page 3.

Also in this newsletter, our first UKMidSS stars of 2022; an important reminder about our Postnatal Care Survey; updates about the Diabetes in Pregnancy Study; and a call for expressions of interest to join our Steering Group!

### **UKMidSS Stars**

Getting up to speed with a new study is always a challenge, so our UKMidSS Stars this time round are reporters who've done a great job starting reporting and data entry for the Diabetes in Pregnancy Study.

**Liz Glyn-Jones**, from Powys Teaching Health Board, is a research midwife and jumped in to take the role of reporter for the 6 midwifery units in her patch - we are very grateful! The second reporter to win a sweet treat from us is **Rebecca Andrews**, from the Birth Centre at Kingston Hospital. So far, she has reported the highest number of cases for our study! Last but not least, **Miriam Lamont** from the Midwife Led Unit at Wrexam Maelor Hospital, for being the first reporter to have completed data entry in OpenClinica for our new study.

We can't send treats to everyone, but are really grateful for the effort each of you puts into supporting our studies – we couldn't do any of this work without you!





# **UKMidSS Survey about Postnatal Care in Midwifery Units**

You should have now received the Postnatal Care in Midwifery Units survey by email. The aim is to describe the scope of postnatal services provided by midwifery units across the UK, both before and since the pandemic, with the aim of informing service and good practice guidance development. MSc student midwife Imogen Graham, from Oxford Brookes University, is working with us on this project.

Please complete and return the survey as soon as you can, and if you have any questions please get in touch.

## **Diabetes in Pregnancy Study**

#### I don't remember - what is this study about?

The aim of the study is to estimate the proportion of women with diabetes (gestational and pre-existing) admitted to midwifery units for labour care in the UK, and describe and compare their labour care, management and maternal and neonatal outcomes with other women admitted to midwifery units.

#### Who's a case then?

Any woman with a diagnosis of diabetes during pregnancy (gestational or pre-existing) and **admitted for labour care** to a midwifery unit. The woman doesn't need to give birth in the midwifery unit in order to be eligible for our study.



#### ... And the control?

The control is the woman who was admitted to the midwifery unit immediately before the case, who did not fit the case criteria.

#### We don't admit women with diabetes in pregnancy - do I still need to report?

Yes! Yes! And again, yes! Even if you don't routinely admit women with diabetes in pregnancy to the unit for labour care, please submit a report every month reporting zero cases. This will help us (a) describe how many units do and do not admit women with diabetes; (b) work out what proportion of all women admitted to midwifery units have a diagnosis of diabetes; and (c) we'll know that you're still out there listening to us;-) so that we won't keep sending you reminders!

#### My unit is closed, do I need to report?

Yes, if your unit is **temporarily closed** for a whole month, please submit a report saying that the unit was not open at all during the month (there is a special box to tick in the reporting form so this will only take a few seconds to do). This means that we won't send you a reminder for that month. If your unit is permanently closed, please get in touch with the UKMidSS team.

#### Have centres started reporting already?

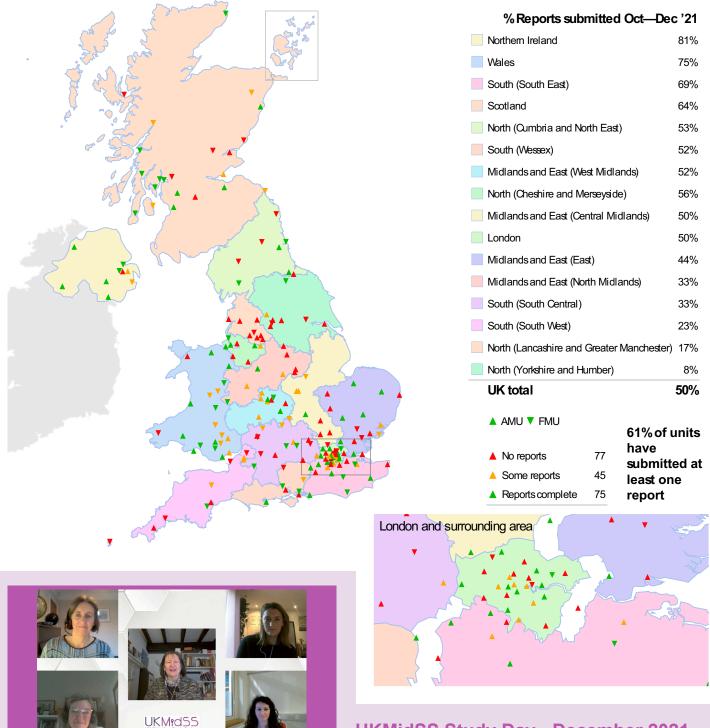
Yes! Reporting for the Diabetes in Pregnancy Study started in November. Some units have got up to speed really well, but in other places things have been a bit slower – we know that some reporters have moved jobs and the pandemic is still having an impact on staffing so there are lots of demands on people's time. We're working hard to contact people and units that we haven't yet heard from. The map on the next page shows the units that have submitted reports so far, in green if all reports have been submitted and amber if one, but not all reports have come in – thank you! If you work in one of the units marked in red on the map, we haven't yet had a report from you, so please get in touch ASAP.

We can help if you are experiencing issues retrieving data for our new study or if you feel like you might need some extra support. Alessandra can offer 1:1 support sessions to go over the new study and the data entry process. Just drop us an email at <a href="mailto:ukmidss@npeu.ox.ac.uk">ukmidss@npeu.ox.ac.uk</a>

# We need your help!

We have a number of units where some of the reporters have not looked at our report request emails yet... If you are a midwife from one of those unit, please get in touch! We need your help.

The Birthing Unit, Ninewells Hospital, Dundee	Aylesbury Birth Centre, Stoke Mandeville Hospital
The Active Birth Centre, The Royal Jubilee Maternity Hospital	Wycombe Birth Centre, Wycombe Hospital
Community Maternity Unit, Perth Royal Infirmary	Withybush Midwife Led Unit, Withybush Hospital, Haverfordwest
Hillcrest Midwife Led Unit, Alnwick Infirmary	Chorley Birth Centre, Chorley and South Ribble Hospital



**UKMidSS Study Day - December 2021** 

On the 8th December 2021 we held our 3rd Study Day... and this time it was completely virtual! The day was inspiring, informative and once again well attended by midwives who could join us remotely without having to travel long distance. The feedback we've had was incredibly positive which is really pleasing. Inevitably some people preferred online and others would prefer to meet face-to-face next time, so we won't be able to please everyone, but we're already looking forward to planning the next one!

If you registered for the Study Day, you should have been able to access the recording of the sessions, poster presentations and your certificate.

This time we invited our reporters to submit a poster under the topic of "Positive practice points from the pandemic". Specifically, we wanted to hear about any service or practice changes brought in during the pandemic in the midwifery units where our reporters are working.

















## **UKMidSS Study Day – Poster Presentation winner!**

The winner of the poster prize was Katherine Robinson from the Home from Home Unit at the Ulster Hospital in Belfast, with her poster looking at outcomes for low risk women and babies with light meconium stained liquor who gave birth in the home from home unit and the labour ward. The results presented in the poster are a response to regional plans in Northern Ireland to introduce CTG monitoring for women with all grades of meconium, even light stained.



Well done Katherine!

## Come and join our Steering Group!

We are now seeking a senior midwife with significant research experience and two further senior midwives, one from Scotland and one from Wales, to join the multi-disciplinary UKMidSS Steering Group. The Steering Group meets three times a year and provides overall strategic direction and governance for the programme, monitoring progress of ongoing studies and planning future studies. There is more information on our website or you can email ukmidss@npeu.ox.ac.uk



The closing data for expressions of interest is 18th February 2022



# **Update contact details**

Is one of your reporters leaving? Is the lead midwife for the MLU going on maternity leave? Is your Head of Midwifery taking a sabbatical? If yes, please do let us know. We rely on updated contact details to communicate news as well as collecting data for our studies.

#### **CPD** certificates

If you need a CPD certificate for your revalidation, please get in touch! Being a UKMidSS reporter means that you are contributing to national audit and research. You can drop us an email ukmidss@npeu.ox.ac.uk



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