





### Newsletter 2 - June 2016

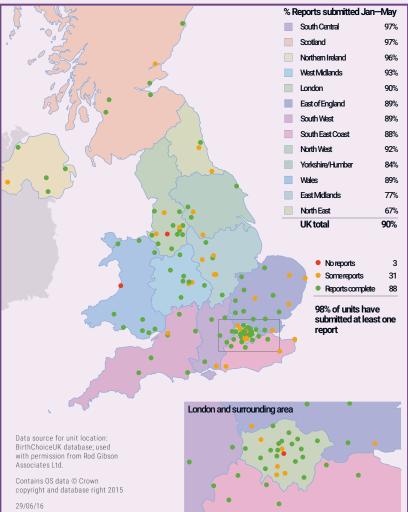
# UKMidSS: a new national system for carrying out research in midwifery units

So here we are in our second newsletter and almost half way through our first study! We're delighted to say that we now have 100% of alongside midwifery units across the UK participating in UKMidSS and our overall response rate to monthly reporting emails is 90%. What an amazing effort, showing the commitment of midwives to improving outcomes for women and babies by engaging with research.

Topping our regional leader board are Scotland and South Central, each with a 97% response rate, closely followed by Northern Ireland, with 96%. Over the page you can see our UKMidSS Order of Merit, showcasing the contribution of each and every participating unit over the first five months of UKMidSS.

We've had 461 cases reported for the Severe Obesity Study and you're also doing a great job entering the data on these cases. So far, we have complete data on 233 cases and their associated controls and there are a further 75 cases where some data have been entered.

If you haven't yet started data entry for your cases and controls please do so as soon as possible so you don't get too far behind. If you're having problems, just get in touch!



#### **UKMidSS Stars!**

Special thanks to our UKMidSS stars for April & May - Sarah Cass from the Northumbria Birthing Centre, and the team at the Barnet Birth Centre! Sarah has made special efforts to resolve data entry queries, and Jane, Rowena, and Rosie in Barnet worked really hard to get up to date with reporting. **Well done!** 



### Get to know the UKMidSS Steering Group!

The UKMidSS Steering Group meets three times a year, most recently in June, and oversees and advises on everything we do, including progress on current studies, and potential new studies.

**In this photo:** Jan Butler (Cambridge University Hospitals NHS Foundation Trust), Jennifer Hollowell (NPEU), Mervi Jokinen (Chair, Royal College of Midwives), Marian Knight (NPEU), Fionnuala McCluskey (South Eastern Health & Social Care Trust), Melanie O'Connor (NPEU), Dharmintra Pasupathy (Guy's & St Thomas' NHS Foundation Trust), Jane Rogers (University Hospitals Southampton NHS Foundation Trust), Rachel Rowe (Head of UKMidSS, NPEU), Julia Sanders (Cardiff & Vale University Health Board), Catherine Williams (Lay member), Phyllis Winters (NHS Tayside).



**Not present:** Alan Cameron (RCOG), Zoe Harrison (Lay member), Abi Holmes (Cardiff & Vale University Health Board), Sara Kenyon (University of Birmingham), Aung Soe (Medway NHS Foundation Trust).

### Troubleshooting

We can't always plan for every eventuality, and sometimes situations come up that we don't expect. The main thing to remember is that if you are ever unsure, get in touch with the UKMidSS team on *ukmidss@npeu.ox.ac.uk* 

Here's some advice on a couple of problems that come up more frequently.

What's the problem?	Things we know	What you can do
You've found that some incorrect data has been entered on OpenClinica.	Sometimes the wrong information gets entered, data for cases and controls gets mixed up and entered in the wrong place	If you haven't marked the data form as complete on the last page then you can simply re-enter the information correctly. If you find that lots of red flags come up, or if you're not sure what to do, then please contact the UKMidSS team for advice.
Section 5a – baby outcomes for a second baby – lots of red flags 🏂 !	This section should be completed <b>ONLY</b> if the woman had a multiple pregnancy. If you click Save in this section without entering data, all the items will be treated as missing!	<b>DO NOT</b> click Save on this page if you have not entered data here. Use the blue arrow at the top or the drop down menu to move to Section 6 and the end of the form.
You've found out that a woman you've reported as a case doesn't meet the study case definition.	We know this can happen. You report a woman as a case, but when you check the notes you realise she doesn't meet the case definition.	All you need to do is send us an e-mail at ukmidss@npeu.ox.ac.uk and we'll sort out the rest. You don't need to update OpenClinica. We'll do that for you.

Read more in our FAQS here: https://www.npeu.ox.ac.uk/ukmidss/reporters

#### UKMidSS Study Day - save the date!

We're very pleased to announce that we will be holding a Study Day for UKMidSS reporters in Birmingham on Thursday 10th November. Free to attend, with a host of engaging speakers, this will also be a chance to meet the UKMidSS team and your fellow reporters and have an influence on future UKMidSS studies. Save the date and look out for more information to follow by email and on our website.

### Changes to monthly reporting

We're making some small changes to the form where you submit your UKMidSS monthly report. We will soon be adding a comments box and some checks to ensure reports are accurate.

This means that if you enter a figure which is unusual, or outside the range we would expect, you will get a message asking you to check what you have entered. This gives you the chance to check, and if necessary change, your figures. If you are happy your report is correct you can add some extra information to the comments box and submit your report in the usual way. You can also use the comments box to send us any other extra information about your figures.

#### Thank you for sending in your monthly reports for January – May 2016:

The Abbey Birth Centre at St Peter's Hospital The Acorn Suite at Bedford Hospital The Airedale Birthing Centre at Airedale General Hospital The Alongside Maternity Unit at Aberdeen Maternity Hospital The AMU Midwifery Suite at Ayrshire Maternity Unit The Aylesbury Birth Centre at Stoke Mandeville Hospital The Barnet Birth Centre at Barnet Hospital The Barratt Birth Centre at Northampton General Hospital The Birth Centre, Aspen Ward at Darent Valley Hospital The Birth Centre at Epsom Hospital The Birth Centre at North Middlesex Hospital The Birth Centre at Queen Charlotte's and Chelsea Hospital The Birth Centre at Wexham Park Hospital The Birth Centre at Whittington Hospital The Birth Centre at Wythenshawe Hospital The Birth Place at Medway Maritime Hospital The Birth Unit at Gloucestershire Royal Hospital The Birthing Centre at Simpson Centre for Reproductive Health The Birthing Unit at Broomfield Hospital The Birthing Unit at Chelsea and Westminster Hospital The Birthing Unit at East Surrey Hospital The Birthing Unit at Princess Alexandra Hospital The Birthing Unit at West Suffolk Hospital The Bracken Birth Centre at Musgrove Park Hospital The Broadlands Birth Centre at Princess Anne Hospital The Burnley Birth Centre at Burnley General Hospital The Calderdale Birth Centre at Calderdale Royal Hospital The Chesterfield Birth Centre at Chesterfield Royal Hospital The Community Maternity Unit at Royal Alexandra Hospital The Eden Suite at Wirral Women and Children's Hospital The Exeter Low Risk Birth Unit at Royal Devon and Exeter Wonford Hospital The Glangwili Midwife Led Unit at Glangwili General Hospital The Greenwich Birth Centre at Queen Elizabeth Hospital The Haven Birthing Suite at Poole Hospital The Heath Birth Centre at Royal Free Hospital The Home from Home Midwifery Led Unit at Royal Surrey County Hospital The Home from Home Unit at Ulster Hospital The Homerton Birth Centre at Homerton University Hospital The Juno Suite at Colchester General Hospital The Lewisham Birth Centre at University Hospital The Lilac Birth Centre at Whipps Cross University Hospital The Lucina Birth Centre at University Hospital The Malden Suite at Kingston Hospital The Meadow Birth Centre at Worcestershire Royal Hospital The Midwife Birth Centre at Royal Stoke University Hospital The Midwife Led Birth Centre at The Royal Oldham Hospital The Midwife Led Birth Suite at Royal Bolton Hospital The Midwife Led Birthing Unit at Peterborough City Hospital The Midwife led birthing unit at Queen Elizabeth Hospital The Midwife Led Unit at Glan Clwyd Hospital The Midwife Led Unit at Hillingdon Hospital The Midwife Led Unit at Leighton Hospital The Midwife Led Unit at Lister Hospital The Midwife Led Unit at Newham Hospital The Midwife Led Unit at Russells Hall Hospital The Midwife Led Unit at Scarborough General Hospital The Midwife Led Unit at Singleton Hospital The Midwife Led Unit at Victoria Hospital The Midwife Led Unit at Wrexham Maelor Hospital The Midwife Led Unit at Ysbyty Gwynedd

- The Midwifery Led Birth Unit at University Hospital of Wales
- The Midwifery Led Birthing Unit at Luton & Dunstable Hospital
- The Midwifery Led Unit at Altnagelvin Area Hospital

The Midwifery Led Unit at Daisy Hill Hospital The Midwifery Led Unit at New Cross Hospital The Midwifery Led Unit at St Mary's Hospital The Midwifery Led Unit at St Michael's Hospital The Midwifery-led Unit at Countess of Chester Hospital The Midwifery-led Unit at Craigavon Area Hospital The Midwifery-led Unit at Royal Gwent Hospital The Midwifery-led unit at Victoria Hospital The Mulberry Birth Centre at Frimley Park Hospital The Natural Birth Centre at West Middlesex University Hospital The Oasis Birthing Centre at Princess Royal University Hospital The Oxford Spires Midwifery-led Unit at The John Radcliffe Hospital The Primrose Midwifery-led Birthing Suite at Hinchingbrooke Hospital The Queen's Birth Centre at Queen's Hospital The Rushey Birth Centre at Royal Berkshire Hospital The Sanctuary Birth Centre at Nottingham University Hospital QMC Campus The Serenity Birth Centre at City Hospital The St Mary's Birth Centre at St Mary's Hospital The Stockport Birth Centre at Stepping Hill Hospital The Tair Afon Birth Centre at Prince Charles Hospital The White Horse Birth Centre at The Great Western Hospital The Willow Suite at Basildon University Hospital The Wrekin Midwife Led Unit at Princess Royal Hospital The Birth Centre at Croydon University Hospital The Birth Centre at Northwick Park Hospital The Birth Centre at St Helier Hospital The Birthing Unit at Ninewells Hospital The Bluebell Birth Centre at North Manchester General Hospital The Bradford Birth Centre at Bradford Royal Infirmary The Brook Birth Centre at Ipswich Hospital The Derby Birth Centre at Royal Derby Hospital The Dolphin Suite at James Paget University Hospital The EGA Birth Centre at University College Hospital The Mary Rose Birth Centre at Queen Alexandra Hospital The Midwifery Led Unit at South West Acute Hospital New Beginnings at Southend Hospital The Newcastle Birthing Centre at Royal Victoria Infirmary The Northumbria Birthing Centre at Northumbria Specialist Emergency **Care Hospital** The Preston Birth Centre at Royal Preston Hospital" The Rosie Birth Centre at The Rosie Hospital The Sanctuary Birth Centre at Nottingham University Hospital City Campus The Singleton Midwife-led Unit at William Harvey Hospital The Willow Suite at Birmingham Heartlands Hospital The Alexandra Birth Centre at Watford General Hospital The Birth Centre at Birmingham Women's Hospital The Chichester Birth Centre at St Richard's Hospital The Midwife Led Unit at Liverpool Women's Hospital The Orchard Birth Centre at Leicester Royal Infirmary The St Peter's Midwife Led Unit at Queen Elizabeth the Queen Mother Hospital The Marton Suite at James Cook University Hospital The Meadows Birth Centre at Leicester General Hospital (Only one report expected) The Mendip Birth Suite at Southmead Hospital The Tirion Birth Centre at Royal Glamorgan Hospital (New Unit) The Bronglais Midwife Led Unit at Bronglais Hospital The Midwife Led Unit at Warrington Hospital (New Unit)

The Home from Home Birth Centre at St Thomas' Hospital

All five reports completed. Four reports completed. Three Reports Completed. Two reports completed. One report completed. No reports completed.

### Read more about UKMidSS

The UKMidSS protocol was published in BMC Pregnancy and Childbirth in early April. Free to access, it is available here:

http://bmcpregnancychildbirth.biomedcentral.com/articles/10.1186/s12884-016-0868-1

There is also more information on our website - www.npeu.ox.ac.uk/ukmidss

### Meet Lindsey Doyle: February's UKMidSS star reporter!

*Who is your employer and what is your job title?* I'm a Midwife at The Royal Bolton Foundation NHS Trust

### Can you give a brief summary of your career to date?

I started my nurse training at Bolton in 1986, then staffed at Queen's Park Hospital, Blackburn, before doing my midwifery training there in 1990. On completion I went to Burnley on a temporary contract returning to Bolton in 1992. I have worked in every area of the midwifery unit, specialising in early pregnancy and bereavement care for 8 years, before moving back to Central Delivery Suite and currently Birth Suite, preferring low risk care.

## What are the main duties/responsibilities of your current role?

Caring for women and their families antenatally, intranatally and postnatally. I lecture to medical students several times a year and teach Neonatal Life Support updates to colleagues on our mandatory study days. I am involved with non-clinical tasks to support my manager, including audits. I am currently looking at our 3rd and 4th degree tear rates to try to identify trends from which we can learn and alter practice if necessary.

#### What do you enjoy most about your current job?

I gain satisfaction from being able to use all my midwifery skills without unnecessary intervention. I feel truly 'with woman' in my current role and since completing my Examination of the Newborn module, delight in being able to care completely for a woman and her family from admission to discharge.

### How does being a UKMidSS reporter add to your role at work (if at all)?

It has made me realise that just because a woman has a raised BMI, it may not necessarily mean she needs to be monitored or have intervention routinely. I look forward to the results of the data collection.





### How do you manage/co-ordinate the UKMidSS reporting in your hospital?

I collect the data throughout the month if I can. That's the best tip I can offer. It makes a huge difference so that I am able to just input the data when requested. If I can input in between the clinical work I do, but I also have protected time for other audit and non-clinical work so I'll do it then if I have time left and that helps. My colleagues help by recording the BMI of every lady admitted to our unit in our admission book. Oh and maybe a puritanical work ethic? I love the satisfaction of seeing a project completed!

## Would you recommend becoming a UKMidSS reporter to others and why?

Yes! Collecting data for the greater good of womankind is food for the soul. I await the findings with great interest as it will give us the necessary tools to change our practise or continue with what we are doing – whichever is the most appropriate...

### Do you have any hobbies/what are your interests outside of work?

I train for and compete in triathlons. I did the NHS and Brownlee triathlons last year and will again this year along with a couple of others. I have



just bought a new bike and am hoping for a better time - although I'm not really competitive – I just love swimming and cycling and it enables me to have my vanilla bean macchiato guilt-free!

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