



Zachary Nathan Phillips, with kind permission from his parents.



Welcome to the first SurfON Newsletter. As you know, after delays caused by the COVID pandemic, SurfON finally opened to recruitment in September. Thank you to all the sites who've been with us since 2020 and those who have joined us in 2021. We know it has been a difficult time to open a new Trial.

Thank you all for a record breaking February! With new sites opening every week, SurfON now has a Spring in its step...



WELCOME TO Bath, Leeds, Luton and Exeter who have opened this month.

MarchON to Easter with the SurfON Easter Prize Draw

We are running a prize draw in April to win some Easter goodies. Please feel free to print this newsletter / share this email with your colleagues. The competition will run from 1st to 30th April. During April we will also be sending a small prize to every site that recruits a participant. Don't forget you've got to be in it to win it, so good luck with recruitment!



SurfON Collaborators' Meeting

We are planning a SurfON Collaborators meeting for the week commencing 19th April. Please try to make time in your diaries, as we promise to make this an interesting and motivating event. All centre staff working on the trial are very welcome to attend.

Recruitment Summary & Centre Update

15 sites are now open to recruitment and a further five sites have received training and are almost ready to go live. With 36 recruits in total, February saw our highest month of recruitment.

Top recruiting site in February was Portsmouth, with Medway & Leicester hard on their heels. We were also delighted to see some newer sites getting their first recruits – congratulations!

Recruiting centre	Feb 21	Jan 21	Dec 20
Leicester Royal Infirmary	3	2	2
Medway Maritime Hospital	3	1	0
Norfolk and Norwich University Hospital	0	0	0
Queen Alexandra Hospital, Portsmouth	4	0	0
Queen Charlotte's & Chelsea Hospital	0	1	1
Royal Infirmary of Edinburgh	0	0	0
Royal Maternity Hospital, Belfast	0	1	0
Watford General Hospital	1	0	0
William Harvey Hospital, Ashford	1	0	0

Spotlight on Eligibility



You should have received two posters, which we hope will act as useful aids to recruitment and flag the need to approach parents early. If you need these in A3 format, then please contact the SurfON Study Team.

The team at Leicester have suggested the following hints and tips about assessing eligibility and when to approach parents. We hope you find this useful:

Times when it may be appropriate to approach parents about SurfON

- If you are admitting a baby who meets the gestation criteria because they are exhibiting signs of respiratory distress, regardless of a need for respiratory intervention at this point
- If you are counselling a mother whose baby is being delivered late preterm or early term and there is suspicion the infant may need neonatal unit admission

- If the baby has an oxygen requirement, regardless of a decision to commence non-invasive respiratory support
- If the infant is on ncpap, but is in less than 30% oxygen and does not have clinically significant work of breathing

Times when it may be appropriate to approach and consent, but not randomise to SurfON

Times when it is appropriate to consent and randomise to SurfON

- If the infant is on ncpap or highflow and has significant work of breathing, regardless of oxygen requirement
- If the infant meets the entry criteria, but enrolment may mean the infant could subsequently need transferring out

Leicester and Medway have also developed useful tools to assist them including a screening checklist and stickers to remind staff to give Mum her discharge questionnaire to complete. Both have been circulated via email. Please do also remember to keep joining the monthly site meetings, as these are a regular opportunity to discuss any concerns and share best practice.

Consent forms and delegation logs

If you recruit additional staff to the recruiting team, please do remember to add them to the delegation log, ensuring all start dates are correct and that the PI has signed and dated them on the log. Send all updated logs to the SurfON Study Team. Please also remind all staff that Mum must countersign any consent forms where Dad provides consent for the first part of the form (clauses 1 to 6). This is because we need Mum's consent for her medical records to be consulted. Please double check consent forms before posting or emailing them to NPEU.

Thank you for all your hard work and your ongoing support of the SurfON trial.

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