

Key messages

from the report 2018



In 2014-16 **9.8 women** per 100,000 died during pregnancy or up to six weeks after childbirth or the end of pregnancy.

Most women who died had multiple health problems or other vulnerabilities.



Balancing choices:

Always consider individual **benefits** and **risks** when making decisions about pregnancy



Things to think about:



Many medicines are **safe** during pregnancy

Continuing medication or preventing illness with vaccination may be the best way to keep both mother and baby healthy - ask a specialist



Be body aware - some symptoms are normal in pregnancy but know the **red flags** and always seek specialist advice if symptoms persist

Black and Asian women have a higher risk of dying in pregnancy

White women  8/100,000

Asian women  **2x** 15/100,000

Black women  **5x** 40/100,000

Older women are at greater risk of dying

Aged 20-24  7/100,000

Aged 35-39  **2x** 14/100,000

Aged 40 or over  **3x** 22/100,000



Overweight or obese women are at higher risk of blood clots including in early pregnancy