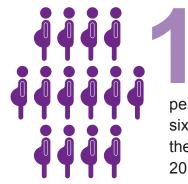
## Key messages

Mothers and Babies: Reducing Risk through Audits and Confidential Enquiries across the UK

## from the report 2015

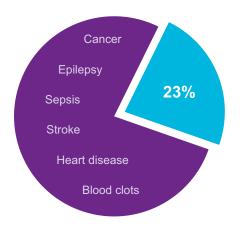
**B** women per 100,000 died up to six weeks after giving birth or the end of pregnancy in 2011 - 13



### 4 more women

per 100,000 died between six weeks and a year after their pregnancy in 2011 - 13

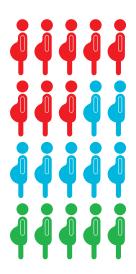
#### Mental health matters



Almost a quarter of women who died between six weeks and one year after pregnancy died from mental-health related causes

1 in 7 women died by Suicide

# Specialist perinatal mental health care matters\*



If the women who died by suicide became ill today:

- 40% would not be able to get any specialist perinatal mental health care.
- Only 25% would get the highest standard of care.

#### It's OK to tell

The mind changes as well as the body during and after pregnancy.

#### Women who report:

 New thoughts of violent self harm



- Sudden onset or rapidly worsening mental symptoms
- Persistent feelings of estrangement from their baby

need urgent referral to a specialist perinatal mental health team